

PERFORMANCE

HEALTH

AESTHETICS



Your Formulas For Superhuman Health

2025 PRODUCT CATALOG

- International Distributors -

WHO ARE WE?

Since 2004, BIOptimizers® has been formulating breakthrough digestive, nutritional, and cognitive supplements designed to optimize humans; a process referred to as BIOptimization. CEO Matt Gallant and President/Director of Education, Wade Lightheart are driven by an obsession to build the best-in-class formulas on the planet, bringing more than 30 years of fitness and health-related experience to the supplement industry.

BIOptimizers has trademarked six U.S. breakthrough formulas including industry standouts MassZymes®, P3-OM®, and Mushroom Breakthrough™. In 2021 BIOptimizers acquired Nootopia, a revolutionary line of nutraceuticals created by webnutrients.com and will expand its nutrition category in 2025 with a dozen new formulas.

With endorsements from the World's Top BIOhackers and Health Experts, and hundreds of thousands of loyal online customers, BIOptimizers Founders Matt Gallant and Wade Lightheart are proud to introduce the company's full suite of supplements to the retail market for the first time.



PRESIDENT / DIRECTOR OF EDUCATION



CEO / CO-FOUNDER

P3-OM®



PATENTED PROBIOTIC STRAIN THAT SUPPORTS DIGESTIVE HEALTH, GUT FLORA, AND PROTEIN ASSIMILATION

- A patented single-strain *L. plantarum* that with many enhanced benefits
 - Test-tube and animal studies demonstrate anti-tumoral, anti-viral, anti-bacterial, and antimicrobial*
 - Test-tube studies demonstrated proteolytic activities, suggesting that P3-OM produces proteolytic enzymes*
 - Survive stomach acid up to pH3 and moderate concentration of bile*
 - Shelf-stable and maintains viability at typical use and supply chain conditions
 - Weak to moderate biofilm formers, which indicates some capacity to colonize in the gut
 - Great digestive support while traveling overseas or to new environments
- *Based on test tube or animal studies by the inventors. Additional clinical studies will be necessary to confirm any disease treatment or prevention benefits

Available in 30, 60, and 120 Veggie Caps

Patented Proteolytic Probiotic Version 2.0

	Amount Per Serving	% Daily Value*
Lactobacillus Plantarum OM (10,000,000,000 CFU/g, 2,500,000,000 CFU)	250 mg	*
*Percent Daily Value not established.		
OTHER INGREDIENTS: FRUCTOOLIGOSACCHARIDES, STABILIZED RICE BRAN, VEGETABLE CAPSULE (PLANT CELLULOSE AND WATER)		
MANUFACTURED FOR BIOPTIMIZERS USA INC., 5470 KIETZKE LANE, SUITE 300, RENO, NV 89511		

Product Certifications



Made in the USA with domestic and imported ingredients.

Patent #US 5895758 A

Find Out More

www.p3om.com

Key Features

- Supports digestive health
- Supports robust and balanced immune response
- May inhibit suboptimal gut microbes
- May support weight loss goal in combination with diet and exercise

Suggested Use

Take 1-2 capsules with each meal, and take 1-2 capsules at night before bed.

Store in a cool / dry location.

Caution:

Probiotic cultured on milk-containing medium
Do not use it if ulcer or gastritis are present

Product Dimensions

120 Veggie Caps

Cap Diameter: 1.5 inches
Bottom Diameter: 2.2 inches
Height: 3.8 inches
Weight: 3.33 ounces



60 Veggie Caps

Cap Diameter: 1.5 inches
Bottom Diameter: 1.9 inches
Height: 4 inches
Weight: 1.82 ounces



30 Veggie Caps

Cap Diameter: 1.8 inches
Bottom Diameter: 1.9 inches
Height: 4 inches
Weight: 1.31 ounces





MASSZYMES®

MOST POTENT ENZYME FORMULA ON THE PLANET

MassZymes is a 15-enzyme full-spectrum formula with 3 different kinds of protease. Plus, it contains all of the key enzymes needed for optimal digestion

Full-spectrum digestive enzymes that work across all gut pH, even with suboptimal stomach acidity

Contains plant-based enzymes that help break down common gut irritants, antinutrients like phytates, and sugars that cause bloating

Contains plant-based systemic enzymes that can speed up muscle recovery from workouts and training when taken at high doses on an empty stomach

Available in 30, 120, and 250 Veggie Caps

Proteolytic Enzyme Formulation

Version 4.0

(Version 3.0 - exclusively in the EU)

	Amount Per Serving	%DV
Protease/Peptidase Blend	213.9 mg	*
Protease (neutral/alkaline)	172,000 HUT	
Protease (Bacillus subtilis)	143,000 HUT	
Peptidase	7,000 HUT	
Enzyme Blend	357.6 mg	*
Fungal Amylase	10,000 DU	
Bromelain	1,800,000 FCCPU	
Alpha Galactosidase (Aspergillus niger)	475 GalU	
Glucosylase	32 AGU	
Lactase	3,162 ALU	
Fungal Lipase	4,236 FIP	
Lipase (Yeast)	306 FIP	
Lipase (Food Grade)	61.2 FIP	
Lipase	153 FIP	
Invertase	1,392 SU	
Phytase (Native Yeast)	32 U	
Pectinase	19 ENDO-PG	
Hemicellulase	948 HCU	
Cellulase	632 CU	
Beta Glucanase	12 BG	

*Daily Value (DV) not established.

Other Ingredients: Rice flour, hypromellose (capsule), organic rice fiber.

Product Certifications



Made in the USA with domestic and imported ingredients.

Find Out More

www.Masszymes.com

Key Features

Designed to aid digestion and support digestive issues

Breaks down proteins, fats, starches, and sugars

Increases post-meal energy levels

Replaces naturally-occurring enzymes lost during food processing, irradiation and cooking

Improves assimilation and utilization of protein into amino acids

Suggested Use

Designed to be taken with meals and protein shakes.

Take 3 capsules with each meal. (May take 1-3 capsules with each meal and 1-2 capsules in between the meals)

Store in a cool / dry location.

Caution:

Do not use it if ulcer or gastritis are present.

Product Dimensions

250 Veggie Caps

Cap Diameter: 1.5 inches

Bottom Diameter: 2.5 inches

Height: 5 inches

Weight: 5.10 ounces



120 Veggie Caps

Cap Diameter: 1.5 inches

Bottom Diameter: 2 inches

Height: 4 inches

Weight: 3.5 ounces



30 Veggie Caps

Cap Diameter: 1.5 inches

Bottom Diameter: 1.80 inches

Height: 3.6 inches

Weight: 1.18 ounces



HCL BREAKTHROUGH™

RESTORE HEALTHY STOMACH ACIDITY



HCL Breakthrough is an all-natural source of betaine hydrochloric acid that increases stomach acid and hydrochloric acid to support digestion and detoxification. It also contains 5 different types of digestive enzymes that function well in acidic conditions

HCL Breakthrough is 100% plant based and non-irritating. Most other HCL products contain an enzyme called pepsin, which is derived from animal intestines. Many people are sensitive to pepsin and have reactions. HCL Breakthrough does not contain pepsin

Often, mineral deficiency limits our ability to digest food. HCL Breakthrough contains a proprietary, full-spectrum mineral complex to help replenish those depleted by modern living and environmental stressors

A great number of digestive products contain or are derived from animals; however, those pose considerable risk to the body. Animal-derived products can be more easily tainted, irritating, and downright toxic to many individuals

90 Veggie Caps

Hydrochloric Acid

Version 1.0

	Amount Per Serving	%DV
Betaine HCL	500 mg	*
Enzyme Blend	21.5 mg	*
Protease 3.0	25 SAPU	*
Protease 4.5	2,500 HUT	*
Amylase	625 SKB	*
Lipase	750 FIP	*
Cellulase	750 CU	*
Trace Mineral	5 mg	*

*Daily Value not established

OTHER INGREDIENTS: RICE EXTRACT, CAPSULE (VEGETABLE CELLULOSE AND WATER)

Product Certifications



Made in the USA with domestic and imported ingredients.

Find Out More

www.hclbreakthrough.com

Key Features

Promotes healthy stomach acidity, a natural defense against gut pathogens

Supports digestion and detoxification

It's 100% vegetarian, derived from beets and contains no animal byproducts

HCL Breakthrough™ does NOT contain pepsin, like nearly all HCL products out there

Contains 5 different types of enzymes to digest proteins, fat, and carbohydrates

Suggested Use

Take 1 capsule with each meal, or within 30 minutes of eating a meal.

Store in a cool / dry location.

Product Dimensions

90 Veggie Caps

Cap Diameter: 1.5 inches
Bottom Diameter: 2 inches
Height: 4 inches
Weight: 2.85 ounces



Caution:

Do not use if ulcer or gastritis are present.



HERBAL POWER FLUSH

QUICKLY AND PERMANENTLY ELIMINATE CONSTIPATION

- Clear excess waste that may be stuck in the colon
- Stop feeling “backed up” and have a clean, clear digestive system
- Have more regular, healthier elimination
- Experience a stronger digestive system and feel amazing every single day

90 Veggie Caps

Digestive Cleanse

Version 1.0

	Amount Per Serving	%DV
Psyllium (<i>Plantago ovata</i>) seed husk	133 mg	**
Cascara Sagrada (<i>Rhamnus purshiana</i>) bark	117 mg	**
Red Clover (<i>Trifolium pratense</i>) flower	67 mg	**
Kelp (<i>Ascophyllum nodosum</i>), whole plant	67 mg	**
Cellulase (150,000 CU/g)	81.9 mg	**
Amylase (100,000 DU/g)	14 mg	**
Phytase (50 FTU/g)	8.7 mg	**
Protease (500,000 HUT/g)	8.7 mg	**
Lipase (15,000 FIP/g)	3.5 mg	**

Other Ingredients: Vegetarian capsule (hypromellose, water).
**Daily Values not established

Product Certifications



Made in the USA with domestic and imported ingredients.

Find Out More

www.HerbalPowerFlush.com

Key Features

Precise blend of tree, plant, and herb extracts plus digestive enzymes

Designed to provide effective relief for constipation and help promote bowel movement

Helps to stop feeling “backed up” and have a clean, clear digestive system

Suggested Use

Begin by taking 1 capsule as a single dose at bedtime with a full 8 ounce glass of water. Allow at least 6 to 12 hours for laxative effect to occur. Take a few hours before or after taking other medications or health products. Best taken on an empty stomach. Take two to three times per week. If results are not observed, the frequency of use may be increased up to once daily.

Store in a cool / dry location.

Product Dimensions

90 Veggie Caps

Cap Diameter: 1.5 inches

Bottom Diameter: 2 inches

Height: 4 inches

Weight: 3.4 ounces



Caution:

Do not use if pregnant or breastfeeding.



PARA GUARDIAN™

COMBAT PARASITES TO RADICALLY TRANSFORM YOUR HEALTH

Para Guardian is a precise blend of 13 natural plant and herb extracts, plus 5 digestive enzymes

Designed to help eliminate and expel parasites, fungal infections and viruses from the body

90 Veggie Caps

Parasite Digestive Aid Version 2.0

Amount Per Serving %DV	Amount Per Serving %DV
Black Walnut Extract 10:1 65 mg *	Goldenseal Root 28 mg *
Walnut Leaf Powder 44 mg *	Barberry Root Bark 28 mg *
Clove Stem 60 mg *	Slippery Elm Bark 28 mg *
Garlic Root /Bulb Powder 60 mg *	Fennel Seed 28 mg *
Grapefruit Seed Extract 95% 36 mg *	Phytase (50 FTU/g) 5.0 mg *
Rhubarb Root 36 mg *	Cellulase (150,000 CU/g) 1.5 mg *
Wormwood Herb 36 mg *	Lipase RO (15,000 FIP/g) 8.6 mg *
Pumpkin Seed 28 mg *	Protease (500,000 HUT/g) 2.0 mg *
Turmeric Root 28 mg *	Amylase (100,000 DU/g) 2.0 mg *

Other ingredients: Vegetarian capsule (hypromellose, water).
CONTAINS: TREE NUTS (BLACK WALNUT).

Product Certifications



Made in the USA with domestic and imported ingredients.

Find Out More

www.HerbalParasiteGuardian.com

Key Features

A precise blend of 13 natural plant and herbal ingredients plus 5 digestive enzymes

Designed to help eliminate and expel parasites

Supports the body during times of infection, especially from parasites, fungi, or viruses

Suggested Use

Begin by taking 1 capsule as a single dose at bedtime with a full 8 ounce glass of water. Take a few hours before or after taking other medications or health products. Best taken on an empty stomach. Take two to three times per week. If results are not observed, the frequency may be increased to once daily.

Store in a cool / dry location.

Product Dimensions

90 Veggie Caps

Cap Diameter: 1.5 inches
Bottom Diameter: 2 inches
Height: 4 inches
Weight: 3.1 ounces



Caution:

Do not use if pregnant or breastfeeding.



MAGNESIUM BREAKTHROUGH

GET ALL 7 FORMS OF MAGNESIUM AND TRANSFORM YOUR STRESS AND PERFORMANCE

Combines 7 types of magnesium in a humic/fulvic monoatomic blend to optimize absorption

And to our knowledge, it's the most complete magnesium supplement blend available

Support stress resilience, relaxation response, restful sleep, hormones, metabolism, and more

Available in 30 and 60 Veggie Caps

Premium Magnesium Complex Version 4.0

	Amount Per Serving	%DV
Vitamin B6 (as pyridoxine HCl)	2 mg	118%
Elemental Magnesium	500 mg	120%
(from 1711 mg of Magnesium Proprietary Blend)		
Magnesium Chelate		
Magnesium Bisglycinate		
Sucrosomial® Magnesium (as magnesium oxide)		
Magnesium Malate		
Magnesium Orotate		
Magnesium Taurate		
Magnesium Citrate		
Humic/Fulvic Monoatomic Blend		
Manganese (as manganese citrate)	1 mg	43%

Other Ingredients: Cellulose (capsule), Nu-Mag®, Nu-Flow®, Silica. Sucrosomial® is a registered trademark of Alesco S.r.l. Nu-FLOW® and Nu-MAG™ are Registered Trademarks of RIBUS, Inc.

Product Certifications



Made in the USA with domestic and imported ingredients.

Find Out More

www.magnesiumbreakthrough.com

Key Features

May support digestion and promote more restful sleep

This product supports healthy endocrine function

This product promotes healthy circadian rhythm and sleep cycles

This product promotes a balanced stress response

This product promotes cardiovascular health

Suggested Use

Take 2 capsules with your evening meal.

Store in a cool/dry location away from direct light.

Product Dimensions

60 Veggie Caps

Cap Diameter: 1.5 inches
Bottom Diameter: 2 inches
Height: 4 inches
Weight: 3.05 ounces



30 Veggie Caps

Cap Diameter: 1.5 inches
Bottom Diameter: 1.75 inches
Height: 3.5 inches
Weight: 1.3 ounces



Caution:

Keep out of reach of children. As with any product, discontinue immediately if adverse effects occur. Please consult a physician before beginning any new supplement, diet, training program, or if you are undergoing treatment of a medical condition.



COGNIBIOTICS

ENHANCE YOUR MIND AND MOOD!

A nootropic blend that improves brain health, mental clarity, memory, and focus
 Works by addressing the gut-brain axis, promoting a healthy gut flora to optimize mood and cognition
 30-Billion CFU of probiotic strains researched to support mood and cognition
 2 powerful Chinese herb blends that boost mood by improving the gut flora

60 Veggie Caps

Mind and Mood
 Enhancing Probiotics

Version 1.0

	Amount Per Serving	%DV
Proprietary Probiotic Blend <small>(L. casei, L. rhamnosus, B. animalis, B. breve, B. longum, L. reuteri, L. helveticus, L. plantarum, B. infantis, L. fermentum)</small>	30 billion CFU	*
Prebiotic Complex <small>(Organic Inulin, Xylooligosaccharides (XOS))</small>	260 mg	*
Chinese Herbal Blend <small>(Cristaria plicata (shell), Reynoutria multiflora (stem), Ligustrum lucidum (fruit), Salvia miltiorrhiza (root), Eclipta prostrata (herb), Cuscuta chinensis (seed), Albizia julibrissin (bark), Rehmannia glutinosa (root-raw), Schisandra chinensis (fruit), Acorus tatarinowii (rhizome), Bupleurum chinense (root), Paeonia lactiflora (root-wine-fried), Cyperus rotundus (rhizome-vinegared), Citrus aurantium (fruit stir-fried), Ligusticum chuansiang (rhizome), Glycyrrhiza uralensis (root), Citrus reticulata (peel))</small>	280 mg	*

* Daily Value not established

Other Ingredients: L-Leucine, silica, hypromellose (capsule)

Product Certifications



Made in the USA with domestic and imported ingredients.

Find Out More

www.cognibiotics.com

Key Features

CogniBiotics® contains all of the strains you need to positively transform your second brain and:

Boost BDNF (Brain-Derived Neurotrophic Factor)

Boost low mood, reduce anxiety

Reduce stress

Produce mood-boosting vitamins (e.g. K and B-12)

Rejuvenate your brain and improve brain-gut connection

Generate serotonin and happiness chemicals

Enhance cognitive performance

Suggested Use

Take 2 capsules on an empty stomach upon waking.

Product Dimensions

60 Veggie Caps

Cap Diameter: 1.58 inches

Bottom Diameter: 1.95 inches

Height: 3.78 inches

Weight: 1.98 ounces



Caution:

Keep out of reach of children. As with any product, discontinue immediately if adverse effects occur. Please consult a physician before beginning any new supplement, diet, training program, or if you're undergoing treatment of a medical condition.



MICROBIOME BREAKTHROUGH™

THE ULTIMATE LEAKY GUT SOLUTION

- Reduce intestinal permeability
- Enhance immunity response
- Alleviate gas and bloating
- Improve digestion & elimination
- Increase nutrient absorption
- Raise your energy levels
- Increases nutrient absorption and can boost energy levels

Net weight: 150 g

Vanilla and Chocolate Flavor Powder Complex

Version 1.0

Vanilla Flavor

Amount Per Serving	%DV*	Amount Per Serving	%DV*
Calories	16	IgY™ Max (Hyperimmunized Egg Powder)	2000 mg **
Calories from Fat	0 g	Lactobacillus Blend (10 billion CFU)	65 mg **
Total Fat	1 g 1%	<i>L. rhamnosus</i> , <i>L. gasseri</i> , <i>L. helveticus</i>	
Total Carbohydrate	2 g <1%	*Percent Daily Values are based on a 2,000 calorie diet.	
Dietary Fiber	2 g 7%		
Protein	1 g 2%	** Daily Value (DV) not established.	

Other Ingredients: Organic inulin, isomalto-oligosaccharides, D-ribose, stevia (leaf) extract, vanilla flavor.

IgY Max™ is a registered trademark of IgY Nutrition.

Chocolate Flavor

Amount Per Serving	%DV*	Amount Per Serving	%DV*
Calories	17	IgY™ Max (Hyperimmunized Egg Powder)	2000 mg **
Calories from Fat	0 g	Lactobacillus Blend (10 billion CFU)	65 mg **
Total Fat	1 g 1%	<i>L. rhamnosus</i> , <i>L. gasseri</i> , <i>L. helveticus</i>	
Total Carbohydrate	1 g <1%	Bovine Collagen	500 mg **
Dietary Fiber	1 g 4%	Bovine Bone Broth	500 mg **
Protein	2 g 4%	*Percent Daily Values are based on a 2,000 calorie diet. ** Daily Value (DV) not established.	

Other Ingredients: Organic inulin, isomalto-oligosaccharides, D-ribose, stevia (leaf) extract, vanilla flavor, Peruvian cacao, cocoa powder.

IgY Max™ is a registered trademark of IgY Nutrition.

Product Certifications



Made in the USA with domestic and imported ingredients.

IgY Max is a registered trademark of IgY Nutrition.

Find Out More

www.biomebreakthrough.com

Key Features

Leaky Gut Guardian - Vanilla flavor - is vegetarian-friendly, gluten free and dairy free blend of IgY Max and gut-friendly bacteria, designed to improve digestive function and promote overall GI health

Leaky Gut Guardian - Chocolate flavor - is gluten free and dairy free blend of collagen, bone broth, IgY Max and gut-friendly bacteria, designed to improve digestive function and promote overall GI health

IgY Max has been shown in studies to improve gastrointestinal integrity by increasing beneficial flora, soothing and strengthening the gut barrier

IgY Max has been shown to work along the entire length of the GI tract

L. gasseri may support healthy metabolism in combination with diet and exercise

Suggested Use

Add one level scoop to 8 oz. of water. Take once a day on an empty stomach.

Store in a cool / dry location.

Product Dimensions

Net weight: 150 g

Bottom Diameter: 3.70 inches

Top Diameter: 3.69 inches

Height: 2.92 inches

Weight: 7.36 ounces

Vanilla Flavor



Chocolate Flavor



Caution:

Keep out of reach of children. Consult with a healthcare professional if pregnant or breastfeeding. Consult with a pediatrician before giving to children. As with any product, discontinue immediately if adverse effects occur. Please consult a physician before beginning any new supplement, diet, training program, or if you're undergoing treatment of a medical condition.

Allergen information: Contains eggs.



KAPEX

IMPROVE KETO, LOW-CARB, AND PALEODIGESTION. INCREASE ENERGY AND ACCELERATE FAT LOSS.

- KAPEX is an advanced enzyme formulation designed to help break down fat and protein, aid digestion, and promote ketogenesis.
- May support those on a high fat, ketogenic, paleo, or low carb diet.
- May help boost energy and enhance fat metabolism on a low-carb diet
- Supports healthy mitochondrial function

120 Veggie Caps

Energy-Boosting Enzyme Formulation Version 3.0

	Amount Per Serving	%DV
Tri-PHase Protease (230,283 HUT) (endo- and exo-peptidases)	477 mg	*
Protease 6.0	25,512 HUT	
Protease 4.5	204,770 HUT	
Protease 3.0	144 SAPU	
Lipa4 Lipase (4,900 FIP)	70 mg	*
Lipase Fungal (Japan)	400 FIP	
Lipase Fungal (China)	1,500 FIP	
Lipase Fungal (<i>Mucor javanicus</i>)	50 LU	
Lipase Fungal (<i>Aspergillus niger</i>)	3,000 FIP	
L-Carnitine Powder	236 mg	*
Innoslim [®]	90 mg	*
AstraZyme [™] (proprietary blend of enzymes, extracts of 50 mg astragalus & notoginseng, and trace minerals)		*
Betaine HCl	41.2 mg	*
Dandelion Root Powder	1.4 mg	*
Ubiquinone (CoQ10)	34 mg	*
Trace Mineral	10.4 mg	*

*Daily Value not established
OTHER INGREDIENTS: RICE EXTRACT, CAPSULE (VEGETABLE CELLULOSE AND WATER)

Product Certifications



Made in the USA with domestic and imported ingredients.

Find Out More

www.kenergize.com

Key Features

Supports digestion for people following a ketogenic, paleo or low-carb diet

Increase energy, especially during keto-adaptation

Help break down fats

Suggested Use

Take 2 capsules with each meal.

(May take 2-4 capsules with each meal and 4-6 capsules upon waking on an empty stomach.)

Do not take kApex after 5pm.

Keep refrigerated once opened.

Product Dimensions

120 Veggie Caps

Cap Diameter: 1.5 inches

Bottom Diameter: 2 inches

Height: 4.5 inches

Weight: 3.6 ounces



Caution:

Do not use if ulcer or gastritis are present.

VEGZYMES



PLANT-BASED DIGESTIVE SUPPORT ENZYMES

17 potent, powerhouse enzymes in each capsule and at the ideal ratios to increase your body's absorption rate and provide flawless digestion while enjoying plant-rich foods

"Raw Food Diet in a bottle" to bring you all the benefits of eating uncooked foods without having to give up the cooked foods you love

Banish bloating and gas often caused by the more fibrous plant foods in a plant-based diet

Boost energy

Eliminate indigestion

Absorb the nutrients from your plant-rich foods for faster lean muscle growth

Turn plant proteins into muscle-building, brain-boosting amino acids

Unlock youthful energy and turn back the clock on aging

120 Veggie Caps

Supports Plant-based
Digestion
Version 1.0

	Amount Per Serving	% DV
Enzyme Blend	68.58 mg	**
Amylase	7,500 SKB	**
Beta Glucanase	100 BCU	**
Pectinase S	9 EndoPG	**
Protease FNP (Peptidase)	1,000 HUT	**
Cellulase (Trichoderma longibrachiatum)	375 CU	**
Cellulase (Aspergillus niger)	175 CU	**
Xylanase	175 XU	**
Hemicellulase	400 HCU	**
Alpha Galactosidase	50 GALU	**
Phytase	15 FTU	**
Protease Blend	33.56 mg	**
Protease	10,000 HUT	**
Protease	5,000 HUT	**
Protease (Acid Stable)	30 SAPU	**
Lipase Blend	20 mg	**
Lipase	750 FIP	**
Lipase	250 FIP	**
Lipase (Japan)	100 FIP	**
Lipase Fungal (Validase MH)	25 LU	**
AstraZyme®	35 mg	**
linoSlim™	45 mg	**
Betaine HCl	10 mg	**

*Daily Value not established
OTHER INGREDIENTS: RICE EXTRACT, CAPSULE (VEGETABLE CELLULOSE AND WATER)

Product Certifications



Made in the USA with domestic and imported ingredients.

Find Out More

www.vegzymes.com

Key Features

VegZymes is an advanced enzyme formulation designed to aid digestion on a plant-based diet

Each vegan-friendly capsule contains a unique blend of 17 enzymes to assist in the breakdown of fibers, starches, sugars, fats and proteins

These full spectrum enzymes are designed to be taken with your plant based meals or protein shakes

Contains no soy, no gluten, and is 100% vegan

Suggested Use

Take 2 capsules with each meal. (May take 1-3 capsules with each meal and 1-2 capsules in between meals).

Product Dimensions

120 Veggie Caps

Top Diameter: 1.75 inches

Bottom Diameter: 2.25 inches

Height: 3.87 inches

Weight: 3.5 ounces



Caution:

In the unlikely event you experience any adverse side effects while using our products, call us toll free at: (+1) 800-719-2467

MAGNESIUM BREAKTHROUGH DRINK

GET THE 8 FORMS OF MAGNESIUM YOU NEED TO THRIVE IN AN EASY, TASTY, DAILY DRINK



Combines 8 forms of high-absorption magnesium to power every part of your body

Comes in 4 tasty flavors, Banana Mango, Fruit Punch, Raspberry Lemonade and Tart Cherry

Also available in our unflavored, unsweetened option

Magnesium is an essential mineral that powers over 600 enzymatic reactions in your body each day

30 Servings Premium Magnesium Drink Version 1.0

Raspberry Lemonade

	Amount Per Serving	%DV
Total Carbohydrates	<1g	<1%
Total Sugar	<1g	<1%
Includes <1g Added Sugars		
Elemental Magnesium	325 mg	77%
(from 1,290 mg of Magnesium Proprietary Blend)		
Magnesium Chelate		
Magnesium Carbonate		
Magnesium Bisglycinate		
Sucrosomal Magnesium (from magnesium oxide)		
Magnesium Malate		
Magnesium Taurate		
Magnesium Orotate		
Magnesium Citrate		

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. **Daily Value not established.

Other ingredients: Organic raspberry fruit powder, organic lemon fruit powder, malic acid, dextrose, medium chain triglycerides, acacia gum, silica (from bamboo extract), organic stevia leaf extract, organic natural raspberry flavor, organic natural lemonade flavor, thaumatin (katemfe fruit extract).

Fruit Punch

	Amount Per Serving	%DV
Total Carbohydrates	<1g	<1%
Total Sugar	<1g	<1%
Includes <1g Added Sugars		
Elemental Magnesium	325 mg	77%
(from 1,290 mg of Magnesium Proprietary Blend)		
Magnesium Chelate		
Magnesium Carbonate		
Magnesium Bisglycinate		
Sucrosomal Magnesium (from magnesium oxide)		
Magnesium Malate		
Magnesium Taurate		
Magnesium Orotate		
Magnesium Citrate		

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. **Daily Value not established.

Other ingredients: Organic pineapple fruit powder, organic strawberry fruit powder, organic orange fruit powder, malic acid, organic banana fruit powder, organic beet root juice powder, dextrose, medium chain triglycerides, acacia gum, silica (from bamboo extract), organic stevia leaf extract, organic natural fruit punch flavor, thaumatin (katemfe fruit extract).

Banana Mango

	Amount Per Serving	%DV
Calories	15	
Total Carbohydrates	2g	<1%
Elemental Magnesium	325 mg	77%
(from 1,290 mg of Magnesium Proprietary Blend)		
Magnesium Chelate		
Magnesium Carbonate		
Magnesium Bisglycinate		
Sucrosomal Magnesium (from magnesium oxide)		
Magnesium Malate		
Magnesium Taurate		
Magnesium Orotate		
Magnesium Citrate		

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

Other ingredients: Organic mango fruit powder, organic cardamom seed powder, coconut oil powder (coconut oil, soluble corn fiber, sodium caseinate, sunflower lecithin and silicon dioxide), malic acid, annatto seed powder, bamboo leaf extract powder, banana juice powder, organic gum acacia, organic natural flavor, thaumatin powder.

CONTAINS: TREE NUTS (COCONUT), MILK.

Unflavored

	Amount Per Serving	%DV
Calories	15	
Total Fat	2g	3%**
Total Sugar	0g	**
Includes 0g Added Sugars		0%
Elemental Magnesium	325 mg	77%
Magnesium Proprietary Blend:		
(as Magnesium Chelate,		
Magnesium Carbonate,		
Magnesium Bisglycinate,		
Sucrosomal [®] Magnesium (from magnesium oxide),		
Magnesium Malate,		
Magnesium Taurate,		
Magnesium Orotate,		
Magnesium Citrate)		

*Percent Daily Values are based on a 2,000 calorie diet. **Daily Value (DV) not established.

Other ingredients: Medium chain triglycerides, silica (from bamboo leaf extract).

Tart Cherry

	Amount Per Serving	%DV
Calories	10	
Total Fat	0.5g	<1%**
Total Carbohydrates	2g	<1%**
Elemental Magnesium	325 mg	77%
Magnesium Proprietary Blend:		
(as Magnesium Chelate,		
Magnesium Carbonate,		
Magnesium Bisglycinate,		
Sucrosomal [®] Magnesium (as Magnesium Oxide),		
Magnesium Malate,		
Magnesium Taurate,		
Magnesium Orotate,		
Magnesium Citrate)		
Organic Tart Cherry Powder (fruit) (<i>Cerasus vulgaris</i>)	1g	**

*Percent Daily Values are based on a 2,000 calorie diet. **Daily Value (DV) not established.

Other ingredients: Malic acid, black cherry flavor, silica (from bamboo extract), beet root juice powder, thaumatin powder (katemfe fruit extract).

Key Features

Supports deep, easy sleep and a balanced relaxation response

A key nutrient for a healthy immune response

Provides an essential electrolyte to boost mental and physical performance

Made with organic, natural flavors and colors

Sweetened with Katemfe fruit extract: a protein that is 3,000 times sweeter than sucrose (does not spike glucose when metabolized)

Suggested Use

Our bodies don't store magnesium well, so it is recommended to take Magnesium Breakthrough Drink Daily.

Mix 1 serving with water, juice, or liquid of choice. Take in the morning for increased energy and improved brain function. Or take in the evening to wind down and promote deeper sleep.

Store in a cool, dry location.

Product Certifications



Made in the USA with domestic and imported ingredients.

Find Out More

biooptimizers.com/magnesium-breakthrough-drink

Product Dimensions

Raspberry Lemonade

Jar Diameter: 3.6 inches
Bottom Diameter: 3.7 inches
Height: 1.4 inches
Weight: 201g



Fruit Punch

Jar Diameter: 3.6 inches
Bottom Diameter: 3.7 inches
Height: 1.4 inches
Weight: 189g



Banana Mango

Jar Diameter: 3.6 inches
Bottom Diameter: 3.7 inches
Height: 1.4 inches
Weight: 156g



Unflavored

Jar Diameter: 3.6 inches
Bottom Diameter: 3.7 inches
Height: 1.4 inches
Weight: 117g



Tart Cherry

Jar Diameter: 3.6 inches
Bottom Diameter: 3.7 inches
Height: 1.4 inches
Weight: 152g



Caution:

Keep out of reach of children. As with any product, discontinue immediately if adverse effects occur. Please consult a physician before beginning any new supplement, diet, training program, or if you are undergoing treatment of a medical condition.

MUSHROOM BREAKTHROUGH™

HARNESS THE POWER OF MEDICINAL MUSHROOMS TO UPGRADE YOUR BRAIN, HAIR, NAILS, SKIN, IMMUNE RESPONSE, AND MORE



- A powdered blend of 5 potent superfoods, including the equivalent of over 1lbs+ of fresh, medicinal mushrooms
- One key ingredient, Lion's Mane extract, has been shown to boost neuron growth and help regrow brain cells
- A full dose of grass-fed collagen gives you more support for your brain, plus helps beautify your skin, hair, and nails

30 Servings

Premium Superfood Blend

Version 3.0

Salted Caramel

	Amount Per Serving	%DV
Calories	90	
Total Fat	3.5 g	5%*
Saturated Fat	1.5 g	10%*
Total Carbohydrate	10 g	3%*
Dietary Fiber	1 g	4%*
Total Sugars	1 g	†
Includes 1g Added Sugars		3%*
Protein	3 g	†
Sodium	200 mg	9%*
Lion's Mane Extract (<i>Hericium erinaceus</i>) (fruiting body)	4,600 mg	†
Chaga (<i>Phaeoaporus obliquus</i>) (fruiting body extract)	2000 mg	†
Bovine Collagen	1,500 mg	†
Marine Collagen (fish)	1000 mg	†
Cordyceps (<i>Paeclonyces hepiali</i>) (mycelium extract)	500 mg	†
Reishi Extract (<i>Ganoderma lucidum</i>) (fruiting body)	500 mg	†

*Percent Daily Value (DV) are based on a 2000 calorie diet.
†Daily Values not established.

Other ingredients: Organic Cashew Nut Milk Powder (Organic Cashew Kernel, Organic Tapioca Maltodextrin), Coconut Oil Powder (Coconut Oil, Gum Arabic), Organic Natural Flavor (Organic dextrose and natural flavors), Himalayan and Celtic Sea Salt, Medium Chain Triglyceride Powder (MCT Oil, Gum Acacia), Organic Monk Fruit Extract, Thaumatin Powder.

CONTAINS: FISH (COD, TILAPIA), TREE NUTS (COCONUT, CASHEW).

Choccolicious

	Amount Per Serving	%DV
Calories	50	
Total Fat	2.5 g	3%*
Saturated Fat	1.5 g	8%*
Total Carbohydrate	4 g	1%*
Dietary Fiber	1 g	4%*
Total Sugars	1 g	†
Protein	3 g	†
Lion's Mane Extract (<i>Hericium erinaceus</i>) (fruiting body)	5.1 g	†
Chaga Extract (<i>Inonotus obliquus</i>) (fruiting body)	1.5 g	†
Marine Collagen	1.5 g	†
Bovine Collagen	1 g	†
Reishi Extract (<i>Ganoderma lucidum</i>) (fruiting body)	600 mg	†
Cordyceps sinensis Extract (mycelium)	300 mg	†

*Percent Daily Value (DV) are based on a 2000 calorie diet.
†Daily Value (DV) not established.

Other ingredients: Organic Cashew Milk Powder (Organic Cashew Kernel, Organic Tapioca Maltodextrin), Coconut Oil Powder (Coconut Oil, Soluble Corn Fiber, Sodium Caseinate (milk derivative), Sunflower Lecithin, Silicon Dioxide), Organic Cacao Powder, MCT Oil (Medium Chain Triglycerides, Acacia Gum), Himalayan Pink Salt, Organic Monk Fruit Extract, Thaumatin Powder.

CONTAINS: MILK, FISH (COD, TILAPIA), TREE NUTS (CASHEW).

Chai

	Amount Per Serving	%DV
Calories	60	
Total Fat	4 g	5%*
Saturated Fat	2 g	10%*
Total Carbohydrate	4 g	1%*
Dietary Fiber	2 g	7%*
Total Sugars	1 g	**
Includes 1g Added Sugars		2%*
Protein	3 g	†
Lion's Mane Extract (<i>Hericium erinaceus</i>) (fruiting body)	4,600 mg	**
Chaga Extract (<i>Inonotus obliquus</i>) (fruiting body)	2,500 mg	**
Bovine Collagen	1,500 mg	**
Marine Collagen	1,000 mg	**
Cordyceps sinensis Extract (mycelium)	400 mg	**
Reishi Extract (<i>Ganoderma lucidum</i>) (fruiting body)	300 mg	**

*Percent Daily Values are based on a 2000 calorie diet.
**Daily Value (DV) not established.

Other ingredients: Organic cashew nut milk powder (organic cashew kernel, organic tapioca maltodextrin), coconut oil powder (coconut oil, acacia gum), oolong tea leaf extract, medium chain triglyceride powder (medium chain triglyceride, acacia gum), Himalayan salt, Ceylon cinnamon bark powder, organic vanilla bean powder, organic aloe vera berries, cardamom seed powder, organic nutmeg powder, organic monk fruit extract, thaumatin powder.

CONTAINS: FISH (COD, TILAPIA), TREE NUTS (CASHEW, COCONUT).

Key Features

- Packed with highly concentrated mushroom extracts, each serving gives you the equivalent of eating over 1lbs+ of fresh, medicinal mushrooms
- Packed with 5 superfoods: Reishi, Lion's Mane, Chaga, Cordyceps, and Grass-Fed Collagen
- Helps optimize brain health, energy, immune response, relaxation response, and more
- 3 tasty flavors: Salted Caramel, Choccolicious, and Chai
- Flavored and colored using real, natural ingredients

Suggested Use

Mix 2 scoops with 6 oz water, almond milk or your liquid of choice. For a stronger drink, use 3-4 scoops.

Take daily for best results. Store in a cool, dry location.

Product Certifications



Made in the USA with domestic and imported ingredients.

Find Out More

biooptimizers.com/mushroom-breakthrough

Product Dimensions

Salted Caramel

Jar Diameter: 4.8 inches
Bottom Diameter: 4.8 inches
Height: 5.2 inches
Weight: 573g



Choccolicious

Jar Diameter: 4.8 inches
Bottom Diameter: 4.8 inches
Height: 5.2 inches
Weight: 546g



Chai

Jar Diameter: 4.8 inches
Bottom Diameter: 4.8 inches
Height: 5.2 inches
Weight: 604.5g



Caution:

Use only as directed. Keep out of reach of children. Do not use if the imprinted seal under the cap is broken, damaged, or missing. As with any product, consult a healthcare practitioner prior to use, especially if you are pregnant or nursing, have a serious medical condition, or use any other supplements or medications. Discontinue use if adverse effects occur.

PROTEIN BREAKTHROUGH

OPTIMIZE PROTEIN INTAKE AND FITNESS GOALS



Perfect "on-the-go" healthy, organic*, low-glycemic, high-protein meal replacement

Supports your lean muscle with the perfect plant-based protein blend ratio of: pea protein, hemp protein, and pumpkin seed protein

The fiber and protein help satiate you and make you feel satisfied

Promotes a healthy digestive system and gut biome because it includes insoluble fiber that supports your digestion and helps create awesome, smooth bowel movements

Vegan, low-carb, low-glycemic, soy-free, and gluten-free

Provide complete proteins to help you: recover faster from workouts, preserve your lean muscle, and burn fat

Best-tasting chocolate plant protein powder

**The percentage of organic ingredients in Protein Breakthrough Chocolate Bliss is 97.375%*

Net Weight: 2lbs / 907 g

Chocolate Bliss - Plant-based Protein Supplement

Version 4.0

	Amount Per Serving	%DV
Calories	230	
Calories from Saturated Fat	15	
Total Fat	7 g	9%*
Saturated Fat	2 g	10%*
Total Carbohydrate	21 g	8%*
Dietary Fiber	7 g	25%†
Total Sugars	4 g	†
Includes 1 g Added Sugars		2%*
Protein	23 g	33%*
Calcium	67 mg	5%
Iron	8 mg	44%
Sodium	420 mg	18%
Potassium	414 mg	9%

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value (DV) not established

Ingredients: Plant Protein Blend (Organic Pea Protein, Organic Hemp Protein, Organic Pumpkin Seed Protein), Organic Cocoa Powder, Organic Erythritol, Organic Lucuma Powder, Organic Mesquite Powder, Sunflower Lecithin, Organic Coconut Palm Sugar, Organic Maca Root Powder, Organic Luo Han Guo (Monk Fruit), Himalayan Salt, Organic Vanilla Flavor, Organic Stevia Leaf Extract.
Contains: Tree Nut (Coconut)

Product Certifications



Made in the USA with domestic and imported ingredients.

Find Out More

www.proteinbreakthrough.com

Key Features

Protein Breakthrough powder combines taste, nutrition, and organic ingredients in a convenient, easy-to-use format for everyday use

Each serving provides 23 grams of protein and 7 grams of fiber

Protein Breakthrough is non-GMO, containing no soy, no gluten, no dairy products, and is 100% vegan

Suggested Use

It mixes easily in shakes and smoothies with avocado, coconut, or fruits, in oatmeal, muffins and cookies. For a delicious smoothie, blend 2-3 scoops with water, coconut water, or nut milk, and your favourite fruit.

Serving size - 2 scoops (56g).

Product Dimensions

Net Weight: 2lbs / 907 g

Lid Diameter: 4.6 inches

Bottom Diameter: 5.5 inches

Height: 10 inches

Weight: 2.42 pounds / 907g



Caution:

In the unlikely event you experience any adverse side effects while using our products, call us toll free at: (+1) 800-719-2467

SLEEP BREAKTHROUGH™ BLUE BERRY DREAMS DEEP SLEEP

NATURALLY TRIGGER YOUR BODY'S 5 SLEEP PATHWAYS FOR THE DEEPEST SLEEP YOU'VE HAD IN YEARS

A custom blend of relaxation-promoting ingredients helps you fall asleep without tossing and turning or staring at the ceiling

Wake up feeling refreshed and energized each morning without the "hangover" other sleep aids can bring

Get deep, high-quality sleep throughout the night without any interruptions



25 Servings

All-Natural Sleep Aid Version 2.0

Nutrition Facts			
Serving Size 1 Teaspoon (2 Scoops)			
Amount Per Serving			
Calories	10		
Vitamin B6 (from Pyridoxal-5-Phosphate)	10 mg	588%	
Magnesium (from Magnesium Bisglycinate Chelate)	125 mg	30%	
Zinc (from Zinc Picolinate)	10 mg	55%	
Potassium (from Potassium Gluconate)	200 mg	4%	
Glycine	3,000 mg	†	
Taurine	2,500 mg	†	
Bamboo Leaf Extract (70% Silica)	350 mg	†	
Calcium Citrate	250 mg	†	
L-Theanine	200 mg	†	
Gamma-Aminobutyric Acid (GABA) (from PharmaGABA™)	75 mg	†	
Magnolia Bark Extract	30 mg	†	

Other Ingredients: Malic Acid, Organic Grape Juice Powder, Blue Spirulina Phycocyanin (color), Calcium Citrate, Organic Mixed Berry Powder, Organic Monk Fruit Extract, Thaumatin Powder, Organic Beetroot Juice Powder (color)

Allergens: None.
Manufactured in a facility that also process ingredients containing milk, eggs, fish, shellfish, tree nuts, peanut, wheat, sesame, and soy.

Product Certifications



Made in the USA with domestic and imported ingredients.

Find Out More

www.sleepbreakthrough.com

Key Features

GABA, potassium, magnolia root bark, and more go to work fast promoting relaxation and deep, easy sleep

Helps you fall asleep quickly each night

Reduces the chance of waking up during the night

Comes in our tasty, easy-to-drink, blue berry dream flavor

Sweetened, colored, and flavored with all-natural ingredients like organic monk fruit extract and blue spirulina

Suggested Use

Start by taking 1 teaspoon (2 scoops) as a starting dose. If this doesn't work well for you, try 1/2 tsp or 1 scoop. If this doesn't work well for you, try 1/4 tsp or 1/2 a scoop.

Do not exceed 3 scoops in a night. Keep in mind that too much can have the opposite effect on sleep. Experiment to find the optimal dose for you.

For best results, stack with 2 capsules of Magnesium Breakthrough.

Product Dimensions

Net Weight: 206 g

Jar Diameter: 7 inches

Bottom Diameter: 7 inches

Height: 6 inches

Weight: 7.3 ounces



Caution:

This product causes drowsiness. This means do not operate heavy equipment, drive a car, downhill ski, or do anything else that requires your attention after taking this product.



STRESS GUARDIAN™

THIS BLEND OF TRADITIONAL MEDICINAL HERBS BALANCES YOUR STRESS RESPONSE AND KEEPS YOU RESTING EASY

An all-natural formula that enhances resilience and promotes a calm and balanced stress response

Improves mental clarity even during hectic times

Supports overall well-being, contributing to your body's natural defenses against illness and stress

90 Veggie Caps

All-Natural Stress Support

Version 1.0

	Amount Per Serving	% DV
Proprietary Blend	2,001 mg	**
Eleutherococcus (<i>Eleutherococcus senticosus</i>) (root/stem), Astragalus (<i>Astragalus membranaceus</i>) (root), Reishi (<i>Ganoderma lucidum</i>) (fruiting bodies), Fo-Ti (<i>Polygonum multiflorum</i>) (cured root tuber), Goji (<i>Lycium barbarum</i>) (fruit), Licorice (<i>Glycyrrhiza uralensis</i>) (root/rhizome), Schisandra (<i>Schisandra chinensis</i>) (fruit), Asian Ginseng (<i>Panax ginseng</i>) (root), Tienchi Ginseng (<i>Panax notoginseng</i>) (root), Chinese Sage (<i>Salvia miltiorrhiza</i>) (root/rhizome), Kudzu (<i>Peararia lobata</i>) (root), Chinese Peony (<i>Paeonia lactiflora</i> Pall.) (root without bark), Cordyceps (<i>Cordyceps militaris</i>) (fruiting bodies), Rhodiola (<i>Rhodiola rosea</i> L.) (whole plant)		

** Daily Value not established

Other Ingredients: Hypromellose capsule.

Product Certifications



Made in the USA with domestic and imported ingredients.

Find Out More

biooptimizers.com/stressguardian

Key Features

Custom blend of 14 ancient herbs, formulated synergistically to boost the overall effectiveness of each

Helps support your mental and neurological health no matter what the world throws at you

Daily driver for better mental clarity, focus, and improved mood

Promotes restful sleep and recovery after long, stressful days

Vegan-friendly, made with natural herbs and veggie caps

Caution:

Keep out of reach of children. As with any product, discontinue immediately if adverse effects occur. Please consult a physician before beginning any new supplement, diet, training program, or if you are undergoing treatment of a medical condition.

Product Dimensions

90 Veggie Caps

Cap Diameter: 1.875 inches

Bottom Diameter: 2.375 inches

Height: 4.375 inches

Weight: 3.04 ounces



Suggested Use

For optimal benefits, take 3-5 capsules of Stress Guardian during stressful periods. To enhance its effects, pair it with 1-2 grams of healthy fats like algae oil, MCT, krill, or fish oil. To ensure it doesn't interfere with your sleep, avoid taking it after 6 pm.

Stressful periods Stress Guardian can help with include: high-pressure work situations, major life transitions, post-workout recovery, public speaking or performances, sleep disturbances due to stress, or even travel and jet lag.

SLEEP BREAKTHROUGH™ TROPICAL DREAMS EXTENDED SLEEP

FORMULATED FOR DEEP, LONG SLEEP FOR NIGHTS WHEN YOU REALLY NEED IT

This formula ups the magnolia bark 250% over our “Deep Sleep Formula” giving you extended, deep sleep that lasts all night

Experience an even deeper sleep without interruptions for nights you really need it

Use this as an “emergency parachute” for nights you struggle to fall asleep



25 Servings

All-Natural Sleep Aid

Version 1.0

	Amount Per Serving	%DV*
Calories	20	
Vitamin B6 (as Pyridoxal-5-Phosphate)	6 mg	353%
Magnesium (from Magnesium Bisglycinate)	22 mg	5%
Zinc (from Zinc Picolinate)	6 mg	54%
Potassium (from Potassium Gluconate)	33 mg	<1%
Glycine	2,900 mg	†
Taurine	2,400 mg	†
Bamboo Leaf (<i>Phyllostachys viridis</i>) (Leaf Extract)	350 mg	†
L-Theanine	200 mg	†
Magnolia (<i>Magnolia officinalis</i>) (Bark Extract)	75 mg	†

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

†%DV not established.

Other Ingredients: Strawberry Juice Powder, Organic Natural Flavor, Malic Acid, Calcium Citrate, Pineapple Juice Powder, Thaumatococcus Powder.

Allergens: None.

Product Certifications



Made in the USA with domestic and imported ingredients.

Find Out More

www.sleepbreakthrough.com

Key Features

Packed with 9 ingredients that promote relaxation

Enhances dream activity and can give you vivid, lucid dreams

Reduces the chance of waking up during the night

Comes in our tasty, easy-to-drink, tropical dream flavor

Sweetened, colored, and flavored with all-natural ingredients like pineapple and strawberry juice powder

Suggested Use

Start by taking 1 teaspoon (2 scoops) as a starting dose. If this doesn't work well for you, try 1/2 tsp or 1 scoop. If this doesn't work well for you, try 1/4 tsp or 1/2 a scoop.

Do not exceed 3 scoops in a night. Keep in mind that too much can have the opposite effect on sleep. Experiment to find the optimal dose for you.

For best results, stack with 2 capsules of Magnesium Breakthrough.

Product Dimensions

Net Weight: 219.5 g

Jar Diameter: 7 inches

Bottom Diameter: 7 inches

Height: 6 inches

Weight: 7.7 ounces



Caution:

This product causes drowsiness. This means do not operate heavy equipment, drive, downhill ski, or do anything else that requires your attention after taking this product.



BERBERINE BREAKTHROUGH

OPTIMIZE YOUR BLOOD SUGAR LEVELS AND ENHANCE YOUR METABOLISM

- Increases blood sugar uptake into muscles rather than fat cells
- Supports healthy blood sugar control and insulin response
- Improves carbohydrate metabolism
- Balances hormones and stress response from blood sugar fluctuations
- Mitigate excessive appetite

60 Veggie Caps

Blood Sugar Support Complex Version 2.0

	Amount Per Serving	%DV
Biotin	2 mg	6667%
Chromium (as chromium picolinate)	400 mcg	1143%
Proprietary Blend	638 mg	**
Cyanthox™ 30 Hippophae rhamnoides L. (fruit) Extract (30% proanthocyanidins)		
Irvingia gabonensis (seed)		
Naringin		
Benfotiamine		
R-Alpha Lipoic Acid		
Banisia (leaf) Extract (20% corosolic acid)		
Gymnema sylvestre (leaf) Extract		
Fucosanthin 10%		
Bitter Melon (fruit) Extract (10% charantin)	200 mg	**
Glucovantage® Dihydroberberine	100 mg	**
Cinnulin PF® Cinnamon (bark) 20:1 Extract	100 mg	**
InnoSlim™ (Blend of Panax notoginseng and Astragalus membranaceus)	75 mg	**

*Daily Value not established
Other Ingredients: Hypromellose (capsule), rice fiber, rice extract blend.
 Cyanthox™ is a trademark of Puredia Usa Corporation
 Glucovantage® is a registered trademark of NNB Nutrition
 CinnulinPF® is a registered trademark of IN Ingredients Inc.
 InnoSlim™ is a registered trademark of Nuliv Science.

Product Certifications



Made in the USA with domestic and imported ingredients.

Key Features

- Supports overall gut health and can help maintain healthy blood sugar levels already within a normal range
- May support healthy insulin response/sensitivity
- May benefit those wanting to balance blood sugar when eating simple carbs

Suggested Use

- Take 2 capsules before each meal.
- Store in a cool / dry location.

Find Out More

www.Bloodsugarbreakthrough.bio

Product Dimensions

60 Veggie Caps

- Cap Diameter: 1.58 inches
- Bottom Diameter: 1.95 inches
- Height: 3.78 inches
- Weight: 1.98 ounces



Caution:

Keep out of reach of children. As with any product, discontinue immediately if adverse effects occur. Please consult a physician before beginning any new supplement, diet, training program, or if you're undergoing treatment of a medical condition.



GLUTEN GUARDIAN

BREAKS DOWN GLUTEN TO MINIMIZE THEIR GUT AND HEALTH IMPACT

Contains a blend of six plant-based proteolytic enzymes, including Peptidase DPP-IV to help break down gluten, additional enzymes for breaking down complex carbohydrates, and four enzymes for efficient lipid (fat) digestion

Gluten Guardian is specifically designed to support digestion of gluten and casein, which are typically hard to digest

Even if you eat gluten-free, most restaurants or kitchens do not separate gluten-containing foods. This means there's always the risk of gluten exposure anytime you eat out

90 Veggie Caps

Gluten Digestive Enzymes

Version 3.0

	Amount Per Serving	%DV
Enzyme Blend	1,023 mg	
Protein Digestion		
Peptidase DPP-IV	6,000 DPP-IV *	
Protease	288,000 HUT *	
Neutral Bacterial Protease	18,000 PC *	
Alkaline Protease	3,600 PC *	
Acid Stable Protease	600 ASPU *	
AstraZyme™	150 mg	
(proprietary blend of proteolytic enzymes with extracts of astragalus/notoginseng and trace minerals)		
Carb Digestion		
Amylase	45,500 SKB *	
Bacterial Amylase	3,600 BAU *	
Lactase	2,400 ALU *	
Glucosylase	60 AG *	
Trace Minerals	30 mg *	

*Daily Value not established

OTHER INGREDIENTS: RICE EXTRACT, CAPSULE (VEGETABLE CELLULOSE AND WATER)

Gluten Guardian is free of fillers, artificial colours, flavors and preservatives. It is NON-GMO, NON-SOY,

Product Certifications



Made in the USA with domestic and imported ingredients.

Find Out More

www.glutenguardian.com

Key Features

Specifically designed to support digestion

Offers relief from occasional gas, bloating, indigestion

Supports the digestion and absorption of food

A blend of six (6) plant-based proteolytic enzymes that includes Peptidase DPP-IV as well as 4 enzymes that break down starches and sugars

Peptidase DPP-IV synergizes with 4 proteases to break down proteins inside of wheat

Gluten Guardian is free of fillers, artificial colours, flavors and preservatives

It is NON-GMO, NON-SOY, NON-DAIRY, and is in vegetarian capsules

Suggested Use

Take 3 capsules with a glass of water at the beginning of each meal.

Store in a cool / dry location.

Product Dimensions

90 Veggie Caps

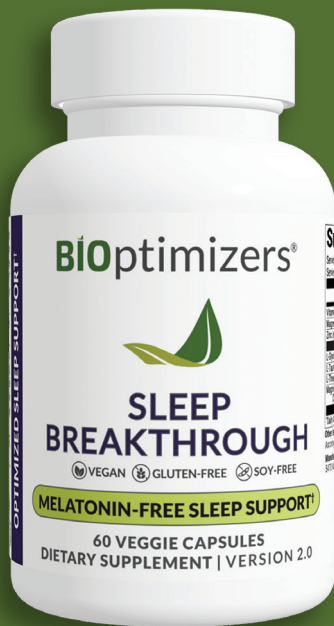
Cap Diameter: 1.5 inches
Bottom Diameter: 2 inches
Height: 3 inches
Weight: 2.2 ounces



Caution:

Do not use it if ulcer or gastritis are present. Gluten Guardian is not a treatment or cure for Celiac disease or gluten sensitivity. It does not make it possible for Celiacs and gluten-sensitive people to enjoy bread and pasta without symptoms.

However, it may help break down gluten and provide some relief in cases of minor and occasional exposure.



SLEEP BREAKTHROUGH™

THE ULTIMATE SLEEP SUPPORT SUPPLEMENT

- Helps recalibrate your circadian rhythm for better sleep-wake cycles
- Promotes faster sleep onset, allowing you to fall asleep within minutes
- May improve next-day alertness and reduce morning grogginess by optimizing sleep quality

60 Veggie Caps

All-Natural Sleep Aid Version 2.0

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin B6 (as Pyridoxal-5-Phosphate)	2.4 mg	141%
Magnesium (as Magnesium Glycinate)	35 mg	8%
Zinc (as Zinc Picolinate)	1.5 mg	14%
L-Glycine	588 mg	*
L-Taurine	200 mg	*
L-Theanine	200 mg	*
Magnolia Bark Extract (2% Honokiol + Magnolol)	75 mg	*

*Daily Value (DV) not established.

Other Ingredients: Hypromellose (Capsule), Microcrystalline Cellulose, Ascorbyl Palmitate.

Product Certifications



Made in the USA with domestic and imported ingredients.

Find Out More

biooptimizers.com/sleepbreakthrough

Key Features

- Gives your body cofactors that aid melatonin production
- Increases your desire to go to sleep
- Helps you sleep through the night
- Wake up refreshed and energized
- Some people prefer capsules over a drink

Suggested Use

Take 2 capsules of Sleep Breakthrough one hour before bed with a glass of water.

Do not exceed 8 capsules in a night. Keep in mind that too much can have the opposite effect on sleep.

REMEMBER: THE DOSE CREATES THE EFFECT.

AND EVERYONE HAS AN OPTIMAL DOSE FOR THEIR BRAIN AND BODY.

Experiment to find the optimal dose **FOR YOU.**

For the best results, stack with 2 capsules of Magnesium Breakthrough.

Product Dimensions

60 Veggie Caps

Cap Diameter: 1.875 inches
Bottom Diameter: 2.375 inches
Height: 4.375 inches
Weight: 3.04 ounces



Caution:

Use only as directed. Keep out of reach of children. Do not use if imprinted seal under the cap is broken, damaged, or missing. As with any product, consult a healthcare practitioner prior to use, especially if you are pregnant or nursing, have a serious medical condition, or use any medications. Discontinue use if adverse effects occur.



Life Span and Health Span

Optimizing Health Since 2004



www.biooptimizers.com



1.800.719.2467



support@biooptimizers.com